

Week of January 23, 2023

Upcoming Dates	
Jan. 25	International Holocaust Remembrance Day event at Anne Frank Public School 6:30 p.m. - Registration info below
Jan. 27	PJ Day Literacy Day
Feb. 1	Winter Walk Day
Feb. 3	PA Day - School closed to students

Wishing happy holidays to all who are celebrating Lunar New Year!

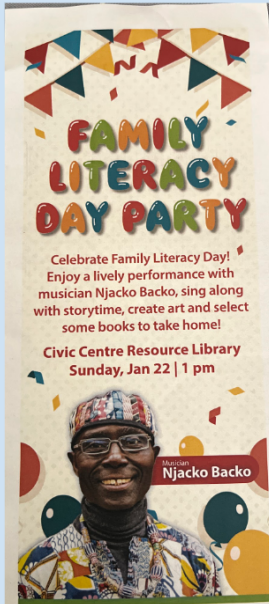
Lunar New Year

Lunar New Year is a significant and meaningful cultural celebration for many people of East and Southeast Asian heritage including Chinese, Korean, Taiwanese, Vietnamese and Indonesian communities, to name a few. It is celebrated across the Asia-Pacific and diaspora communities around the world. This holiday commemorates the first day of the Lunar Calendar. The date is determined by the appearance of the moon and usually takes place between late January to early February. For some, this occasion has religious significance as well.

Lunar New Year is celebrated where families come together, enjoy traditional foods and activities. Many countries also have their own unique ways of celebrating the event. These could include families coming together to spend time with one another, sharing of traditional meals, and engaging in traditional activities such as cleaning the house and performing ceremonial ritual to elders and ancestors. For example, in many Chinese communities, customs may include: cleaning houses, paying off debts, settling old arguments, and other means of making a "fresh start." In the Korean community, the ceremonial ritual of seh-bae (deep bow) is performed to the elders and ancestors. Families share the traditional meal of rice cake and dumpling soup and play traditional games such as yut-nori.

Literacy Day

We will be celebrating **Literacy Day on Friday, January 27**. Students will have the chance to read with Reading Buddies and engage in a variety of literacy based activities.



Family Literacy Day is on Friday, January 27th.

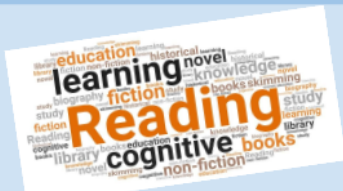
Feel free to try one or more of the activities on the attached Family Literacy Choice Board!

We would love to display a photo of your family engaging in a literacy activity of your choice.

If you are interested, you can email your picture to: laura.naccarato@yrdsb.ca

Your child can also bring a favourite family book to read during our VDPS Literacy Day.

Family Literacy Day Choice Board



Interview a family member. Speak to them about where they grew up and what it was like. Do they have any interesting facts about your family? Write about it.

Play any game with your family that involves reading. (Scrabble, Clue, Boogie, word searches, anything you enjoy!)

Facetime, Google Meet, Zoom, or phone a family member and read to them!

Sign up for the virtual Family Literacy Day Activity with author Barbara Reid:
<https://us02web.zoom.us/join/registration?from=invite&code=4TyYEm6c>

Follow a recipe together to make your favourite meal or a famous meal from your culture. Yum! Bring in a copy of the recipe to be displayed.

Make a craft of traditional designs. Research traditional designs of your culture and recreate them in a creative craft or your choice.

Explore the map of Canada together and answer the questions:
<https://abclifelifiteracy.ca/wp-content/uploads/2022/11/FLD-2023-Activity-sheet.pdf>
Explore a map of the country your relatives live(d).

Snuggle up and read some favourite childhood books.



Winter Walk Day – A Message from York Region Public Health

WINTER WALK DAY IS WEDNESDAY, FEBRUARY 1, 2023

Winter is a great time to be active outdoors. Bundle up and join others from schools across Canada to celebrate [Winter Walk Day](#) on Wednesday, February 1, 2023. Students, parents, teachers and others in the school community are encouraged to walk to and from school, walk at school and walk around the neighbourhood. It's a great way to fit physical activity into your day and enjoy its physical and mental health benefits.

Research shows even short walks have a positive impact on mood and can help reduce stress and anxiety. [Walking to school](#) helps children practice independent decision-making, foster social-emotional bonds with peers, and develop road sense and awareness of their environment. Children and families are encouraged to take the opportunity to walk to and from school on Winter Walk Day and throughout the year.

Let's make walking the physical activity of a lifetime!

International Holocaust Remembrance Day

Anne Frank Public School is hosting the producers of the award winning documentary, *The Rhapsody* on **Wednesday January 25, 2023**. Please see the flyer below for more information or click on this [link](#) for FREE tickets and registration.

Please reserve your seats early as this event has limited capacity and will likely fill up quickly! The event is intended for adults and students in 9 and up.


The Rhapsody is a documentary that unfolds like a thriller. Composer and Holocaust survivor Leo Spellman's secret wartime diary and long-lost orchestral masterpiece are the framework that bring his remarkable tale of survival to life. Diary entries of his eighteen months in hiding, as part of the Polish Partisans resistance, are portrayed through artwork and animation narrated by Stephen Fry. The documentary features powerful concert performances, rare archival footage, and an uplifting finale as Spellman's legacy is finally recognized in the Polish town where he narrowly escaped death.


Leo Spellman said, "I always dreamed I had to survive the Nazis to tell the world what happened". At ninety-eight, he endured the pain of revisiting the past to fulfill that dream. The Rhapsody celebrates the creativity of Spellman's music, honours the tenacity and resilience of the human spirit, and is an affirmation that all those who have

died at the hands of oppressors, including 6,000,000 Jews, did not die in vain.

- WEBSITE: <http://spellmansrhapsody.com>
- TRAILER: <https://vimeo.com/522123390/bf20668efb>

Workshop

The logo for York Region District School Board features a stylized 'Y' with a red and black swirl, followed by the text 'York Region DISTRICT SCHOOL BOARD' and the tagline 'Inspire Learning!'.

The Triple P logo consists of a small graphic of three overlapping circles in red, yellow, and blue, with the text 'Triple P' below it.

THE POWER OF POSITIVE PARENTING

Let's talk about it!

Kids don't come with an instruction manual! Many familiar parenting problems have very simple solutions that can be applied with some effort and focus. Triple P's easy-to-understand and practical strategies have been shown to help families in all types of situations.


January 24, 2023 | 10:00 a.m. – 11:30 a.m.

We welcome parents, guardians, caregivers and community members to attend these virtual sessions!

Register Today!

This session will focus on how to ensure a safe and engaging environment for children by:

- creating a positive learning environment,
- using assertive discipline,
- having realistic expectations,
- taking care of yourself as a parent, and
- available resources and supports in the community.

Facilitator: Uma Bhatt, R.S.W. York Hills Centre for Children, Youth and Families 

This free parent presentation is brought to you in a collaborative partnership with York Region District School Board and York Hills Centre for Children, Youth and Families.

For more Information:
Oksana Majaski, Community & Partnership Developer, YRDSB
Oksana.majaski@yrdsb.ca

[Register Here](#)